

menCap

Oxford and District



Looking for one-off volunteering?



Holiday in the Cotswolds with accommodation, board, activities and volunteer-training provided?



Volunteer to help offer respite care for adults with learning disabilities this summer. Sign-up to the week that fits your schedule, make your way to Oxford, and we'll take care of the rest! Come with energy, and perhaps a party trick or disco outfit, for an action-packed week that you'll soon be counting down the days for each year.



- Each volunteer is allocated a guest to provide 1:1 support
- Day trips can include theme parks, wildlife centres, swimming pools, rafting, campfires - sometimes even a circus!
- No necessary prerequisites or training required
- Medics, drivers, cooks and leaders present to guide you



Volunteer page



Yellow week
Green week
Red week
Orange week
Purple week

20th – 26th July 2026
27th July – 2nd Aug 2026
3rd – 9th August 2026
10th – 16th August 2026
7th – 13th Sept. 2026

Email: coordinator@oxfordmencap.org.uk **Website:** <https://oxfordmencap.org.uk>

Founded in 1961 by parents of children with learning disabilities. Residential holidays ran yearly entirely by our volunteers